



Saturday May 30th 8 am. Squirrels in the Park (obstacle course)

Wadsworth Park - 3.10 miles

Distance 3.10 mile trail run. Location, Wadsworth Park or lake in Great Falls MT. Start time 8 am. Free kids fun run to follow. 2 loop obstacle course on mostly flat single track with some gravel road. 20 obstacles in just over 3 miles. Each year the obstacles change so be prepared to be challenged.

Saturday August 22nd 8 am. Squirrel Relay

Distance TBD (race day) between 4-6 miles. Relay teams composed of 4 participants. Individual runners are welcome also. Relay starts and ends above the Lewis & Clark Overlook by Rainbow Dam. Participants will tag off at the same location as the start, and finish at the same location. Stick around and enjoy or participate in the following day's mountain bike race, "Rampage"& EXPO. Friday evening before the race enjoy BBQ, music and a trail running video, included in your entry fee

Saturday Sept. 26th 8 pm. Squirrels in the Headlamp "Night Race" BYOC (bring your own headlamp)

Ryan Dam Trailhead - 3.11 miles

Distance 3.11 mile trail run at night. Start time is 8 PM. BYOH (bring your own headlamp) The race is all on single track except for the first couple hundred yards which is a wide gravel path. It is too bad it will be dark because this is really a beautiful area. You may want to come early and explore Ryan Dam Island and have a BBQ and enjoy the breath taking views of the falls. There are trails located on the island and on either side of the trailhead. Kid's fun run will follow.

To Register or for more information visit www.racemt.com

2015 TRAIL SERIES



Squirrels in the Park

\$35 _____

Squirrel Relay

\$35.00 per person _____

Squirrels in the Headlamp

\$35.00 _____

Name: _____

Address: _____

phone: (____) _____ DOB: ____/____/2015

Signature: _____ date _____

Emergency contact/phone : _____/(____) _____

email: _____

Participant Waiver for Race Registration

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road [insert any specific risks related to your here, e.g. "the alligators who bask in the sun at the corner of 4th and Sunset St..."], all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the _____ [Name of event], the city of _____, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Please make checks payable to Race MT

